March is National Nutrition Month







2024

1ARCH EMENTARY LUNCH MENU

CHEESY BREAD STICKS W/ SAUCE CAESAR SALAD

FRUIT & VEGETABLE MILK & JUICE

GRILLED CHEESE

FRUIT & VEGETABLE

TOMATO SOUP

MILK & JUICE

ONE OF THE THREE MUST BE A FRUIT OR VEGETABLE.

> IF THE MINIMUM COMPONENTS ARE NOT TAKEN THE MEAL WILL BE CHARGED FULL PRICE

LUNCH MEALS ARE FREE IF THE MINIMUM COMPONENTS ARE TAKEN. THREE OF THE

FOLLOWING FIVE ITEMS MUST

BE ON THE STUDENTS TRAY.

PROTEIN GRAIN MILK

FRUIT

VEGETABLE

SECOND MEALS \$2.75

PLEASE BE ADVISED THAT ALA CARTE **ENTREES ARE \$1.90**

FRESH VEGETABLES

FRESH AND CANNED FRUIT

ASSORTED <u>Milks</u>

ALL MEALS INCLUDE 80Z UNFLAVORED LOW-FAT (1% <) OR UNFLAVORED FAT FREE (SKIM) MILK

ALL GRAIN ITEMS ARE WHOLE GRAIN RICH, 51% OR MORE WHOLE GRAIN RICH

4 PANCAKES WITH SAUSAGE

FRUIT & VEGETABLE MILK & JUICE

HASH BROWNS

11

CHICKEN NUGGETS TATER TOTS WG DINNER ROLL

FRUIT & VEGETABLE MILK & JUICE

18

TACOS REFRIED BEANS

FRUIT & VEGETABLE MILK & JUICE

25

HOT HAM & CHEESE WG Bun FRENCH FRIES

FRUIT & VEGETABLE MILK & JUICE

12

SLOPPY JOE GARDEN SALAD

FRUIT & VEGETABLE MILK & JUICE

HAMBURGER WG BUN

SWEET POTATO FRIES

FRUIT & VEGETABLE

MILK & JUICE

FRENCH TOAST

HASHBROWNS

FRUIT & VEGETABLE

19

SAUSAGE

26

HOT DOG CARROTS AND DIP

FRUIT & VEGETABLE MILK & JUICE

PASTA W/ MEAT SAUCE

NACHOS REFRIED BEANS

FRUIT & VEGETABLE

MILK & JUICE

15

Nachos STUFFED CRUST PIZZA REFRIED BEANS GARDEN SALAD

FRUIT & VEGETABLE MILK & JUICE

FRUIT & VEGETABLE MILK & JUICE

PEAS & CARROTS

20

13

CHICKEN PATTY SANDWICH WG BUN SWEET POTATO FRIES

FRUIT & VEGETABLE MILK & JUICE

21

28

14

CORN DOG BROCCOLI

> FRUIT & VEGETABLE MILK & JUICE

> > NO

SCHOOL

22

MACARONI & CHEESE CARROTS AND DIP

FRUIT & VEGETABLE

MILK & JUICE

FRUIT & VEGETABLE MILK & JUICE

MILK & JUICE

GENERAL TSO'S CHICKEN FRIED RICE BROCCOLI

> FRUIT & VEGETABLE MILK & JUICE

27

EARLY DISMISSAL

BREAKFAST ONLY **TODAY**

29

NO **SCHOOL**

SCHOOLCAFE.COM

MONITOR STUDENT **CAFETERIA ACCOUNTS** AND MAKE PAYMENTS ONLINE



